

STEPHANIE QUIRK

IYENGAR YOGA WORKSHOP REGISTRATION FORM

9TH - 11TH MARCH 2012

NAME:

CONTACT NUMBER:

EMAIL ADDRESS:

Friday, 9th March

1:00pm – 8:00pm Teacher Training

\$1,100

Teacher Training is open to all certified Iyengar Yoga teachers and trainees in a recognised Iyengar Yoga teacher-training program. A 2 hour break will be given at approx 3:00pm.

Saturday 10th March

10:00am – 1:00pm General Workshop

\$600

3:00pm – 5:00pm General Workshop

\$500

Both Saturday sessions

\$1,000

Sunday 11th March

9:00am – 12:00pm General Workshop

\$600

1:00pm - 3:00pm Pranayama

\$500

Both Sunday sessions

\$1,000

TOTAL:

** all prices are in HKD.

REGISTRATION: Register at our **front desk** or

By Post: send us a copy of the registration form (or a list of sessions you would like to register for) with a cheque made out to "The Iyengar Yoga Centre of Hong Kong". Send to: *Room 406, New Victory House, 93-103 Wing Lok St., Sheung Wan, Hong Kong*

Direct Deposit: email us at info@iyengaryogahongkong.com We will send you our direct deposit details.

From Overseas: Email us on info@iyengaryogahongkong.com for instructions.

